

Planning 2018-2019

	Lundi	Mardi	Mercredi	Jeudi	Vendredi
9h					
10h					
11h		ITTC Qi – Gong 10h30-11h30			ITTC Qi – Gong 10h30-11h30
12h		Taï Chi Chuan MPT Sand 12h-13h			
13h	Taï Chi Chuan MPT Sand 12h30-13h30			Taï Chi Chuan MPT J. Ricôme 12h30-13h30	Qi-Gong MPT RL Parks 12h30-13h30
14h			Danse 4/6 MPT RL P 14h-15h		
15h					
16h					
17h	Qi-Gong MPT J. Ricôme 17h-18h	Danse Atelier 7/12 MPT RL Parks 17h-18h			
18h		Taï Chi Chuan MPT RL PARKS 18h-19h		Qi-Gong MPT J. Ricôme 18h-19h	
19h	Théâtre 8/12 ans 18h15- 19h15 MPT ST EX		Taï Chi Chuan MPT Colucci 19h-20h		
20h		19h20-20h20 Qi – Gong MPT ST EX			
21h					